

Name: _____

Date: _____

Circling and Writing Helping Verbs Worksheet (Part 1)

Helping verbs help a main verb to name an action or make a statement. There are 23 verbs that can be used as helping verbs in the English language.

Directions: Read each sentence and choose the correct helping verb.

Example A: I (am / is) running late for my interview.

Answer: am

1. I (is / am) having a great day!
2. We (is / are) giving out food to the needy.
3. He (was / is) jogging towards the finish line right now.

Directions: Write a sentence with each helping verb listed below. Circle the verb phrase.

Example A: am

Answer: I (am running) that I received a good grade in class.

4. am-

5. is-
